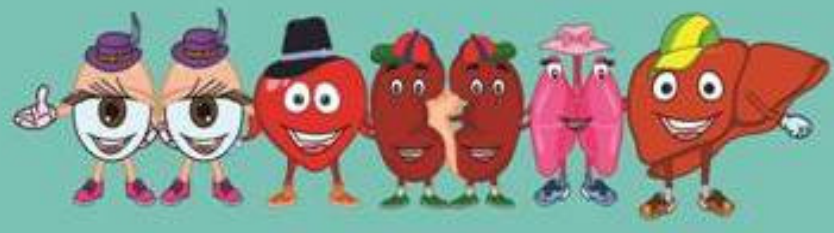


# The Liver Care Foundation Annual Report January to December 2017



## **The Foundation**

The Liver Care Foundation was established in 2005 as a nonprofit organization with a view to contribute to society by connecting with the public, patient and provider, as a part of its focus towards prevention of liver disease.

## **Goal**

To assist and support Healthcare related to Liver Diseases.

## **Vision**

To contribute to a world 'Free of Liver Disease'

## **Mission**

1. To advocate and generate public awareness about Liver Health through information, education and communication
2. To assist those living with liver disease.
3. Strive continuously to bridge the global gap in the field of academics and research, relating to Liver and its diseases.

## **Core Values**

Competence, credibility, commitment, care and cooperation constitute the culture of Liver Care Foundation

# **The Team**

## **Board of Trustees**

Dr. Shiv Sarin, MD, DM	Founder Trustee and member
Dr. Kiran Modi	Managing Trustee and member
Dr. Puja Sakhuja	Trustee and member
Ms. Vibhuti Sharma	Trustee and member

## **Board Members**

Dr B C Sharma	Member
Dr. Puja Sakhuja	Member
Ms. Vibhuti Sharma	Member
Ms. Shalini Prakash	Member

## **Special Advisor**

Former Justice Shiv Raj Patil

## **Legal Advisor**

Mr. M L Lahoty

## **Honorary Chief Operating Officer**

Ms. Vibhuti Sharma

## **Thrust Area with Key Activities**

1. Awareness
2. Assistance
3. Academic Support
4. Organization Values

### **Awareness**

#### **Awareness on liver disease**

The aim of LCF is to bring about an awakening in the minds of people about the importance of functioning of liver in a human body; and if not taken care of, can create a number of diseases related to liver and thus cause complications. It will also educate people about the treatment of liver disease and the availability of doctors and hospitals treating this malady.

#### **Awareness on organ donation**

Our aim is to educate the people on the importance of donating their organs so that others can get a new life.

- A centralized registry and a system of donor cards to those who pledge their organs.
- A system of linkages to facilitate a smooth coordination amongst the hospitals in a city specifically trauma centers with ICU facilities for organ removal and distribution.

#### **Assistance**

LCF will endeavor to provide assistance in terms of financial aid (and through donors) to those who are willing to donate their liver.

#### **Academics**

LCF also undertakes to promote upcoming doctors, financially, who though, are well qualified to attend higher studies or present papers, but cannot do so for lack of funds.



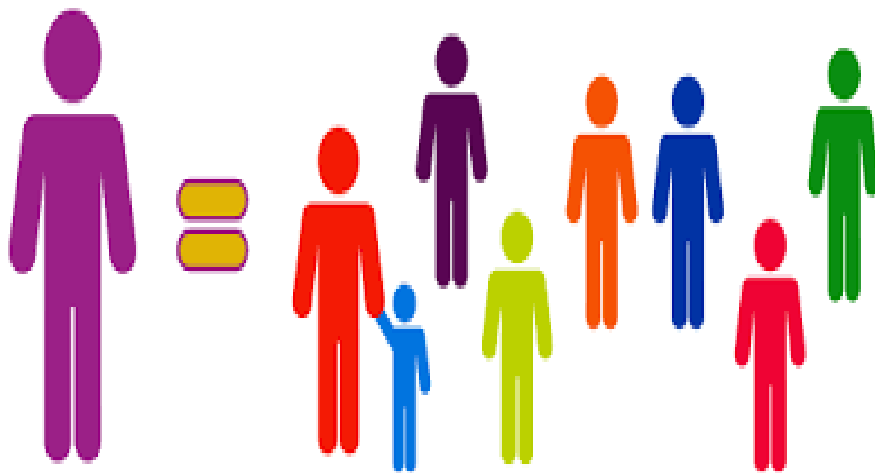
Each case is considered on merit through a screening body before providing them with any financial assistance.

## Organization Values

Competency, Credibility, Commitment, Care and Cooperation constitute the culture of Liver Care Foundation.

## Future Plan

Presence in every state including union territories to aware the people on organ donation and to increase the number of registry. The Foundation will try to reach the masses and results of awareness and surveys of organ donation in national & international seminars and conferences.



# Our Activities

Awareness program on organ donation (Jan. to Dec. 2017)



## Awareness on organ donation

In India there is major lack of public awareness on organ donation. In the absence of fact based knowledge and understanding, people harbor many myths and misconceptions. Lack of awareness remains one of the leading reasons for such low organ donation rates in India. It is a usual refrain that people in India do not sign up for organ donation, but in reality there are hardly any platforms available for 'sign up'. Most people have never been offered this opportunity in their life time. Many don't know where to go even if they are aware and willing. Religious beliefs & selling rackets of organs also may be a reason why families do not agree to deceased organ donation. Awareness on organ donation is therefore the only way out of this depressing scenario.

The Liver Care Foundation are making efforts to create awareness, these are at best – drops in the ocean.



### Awareness program conducted by The Liver Care Foundation

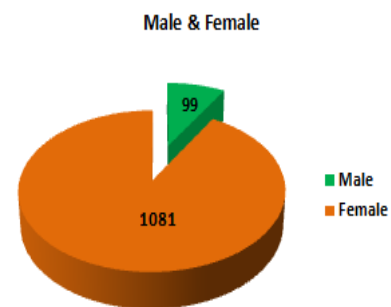
Delhi Map  
Covered area



## Education program on organ donation

The Foundation regularly conducts public awareness program on this sensitive issue. This year we conducted a total 34 programs with the collaboration of NGOs, Schools, colleges, corporate & hospitals. Like as: SAND, Chetnalaya, Sewa Delhi, Rakshak Foundation, Aradhya, Jivivisha, Dr. Shrof's Charity Eye Hospital, Life Insurance Corporation etc.

A total 1180 person attended the session in which there were 99 male & 1081 female. Participants became aware on various aspects of organ donation like as- what is organ donation, it's types, about brain death, what can we donate after brain death etc. Role of family, myths, superstitions & facts of organ donation were discussed. It was also discussed that how can people register on DORSO website to be an organ donor. Some questions were asked by the participants. All doubts were clarified. Like:

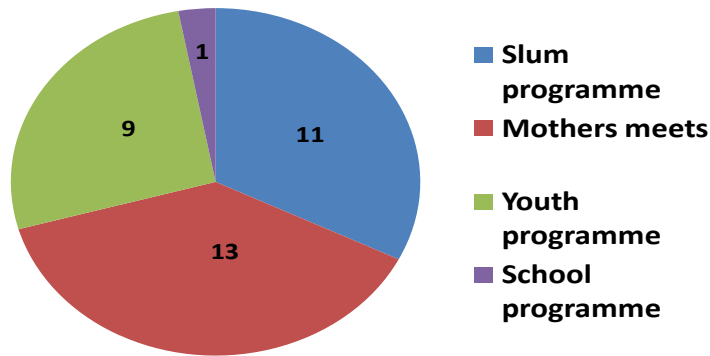


- Angdan karne se agle janam me hamare ang nahi honge
- Postmortem me saare ang nikal lete hai, jise bina ang ke paida hote hai and angdaan karne ka kya fayada?.
- Angdan jaise liver and kidney daan karne se kisi ki jaan bach sakti hai.
- angdaan hona chahiye isase kisi ki jaan bach sakti hai.
- Marne ke baad hamari aankhen kab tak jivit rahti hai.
- Kya angdaan karne ke baad body ko sil kar dete hai and agar hum angdaan ka registration karakar bhul jaye to kya hoga.
- Sugar se pidit apna angdaan kaise kar sakta hai, kyo ki uske blood me sugar hota hai?
- Heart Marne ke baad dhadkana band ho jata hai, to daan kaise hoga?
- Agar healthy liver ka part daan karte hai to kharab liver ache liver ko kharab kar dega use kaise daan kiya ja sakta hai?.

- Angdaan kaha aur kis hospital me kiya ja sakta hai and brain death ke samay hi angdaan kyo hota hai.
- kya hamare marne ke baad humre saare ang nikal kar dusaro ko laga diya jata hai?
- Kya angdan ke bad mere ango ko jarurat mand ko diya jayega ya sale kar diya jayega.

Out of total 34 programs 11 were conducted in slum areas, 13 with mothers, 11 with youths & 1 program with school teachers. As data show with pie chart....

**Types of programme**

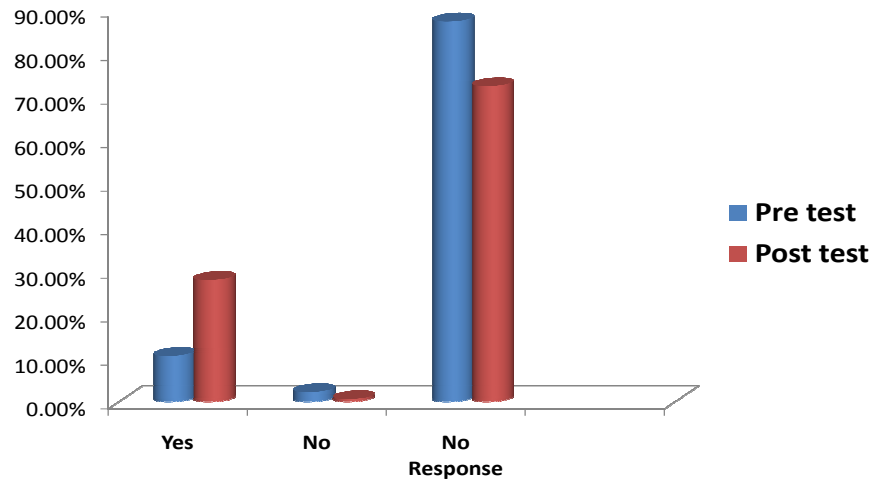




## Participants Pre- test & post -test session:

To check the awareness level of the participants the Foundation conducted a pre- test & post- test with two questions like as:

**Is organ donation passable?** Data shows with table.....

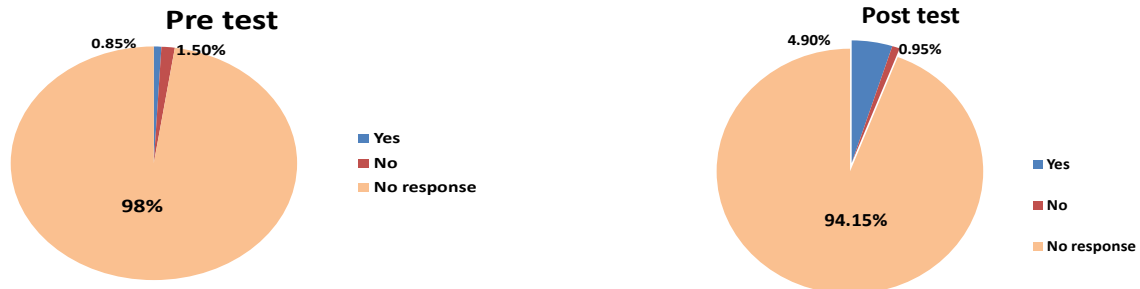


Data shows that out of total 1180 participants, 10.50 % agreed, 2.20% not agreed & 87.29 % did not give any response. But after post test the result was that 27.97% agreed that organ donation is possible, 0.59% not agreed and 72.44% did not give any response.



**Participant's pre test & post test**

**If a fatal accident in your family takes place, would you positively participate in the decision to donate organs?**



Data shows with pie chart that In **pre- test** 0.85% agreed 1.50% did not agree & the majority 98% did not give any response but when we repeated same questions for the **post- test** there was a positive result – 4.9% participants agreed, just 0.95% did not agree & for 94.15% there were no response.

### **Sensitization programme with LIC Employees:**

The Liver Care Foundation organized a sensitization program with LIC employees at KG Marg, Connaught Place on 10<sup>th</sup> February 2017. Mr. A.K. Upadhyaya , SDM & Ms. Bisakha, Admin Manager were very cooperative & they were interested to arrange this programme with employees. Ms. Vibhuti Sharma, Transplant coordinator, ILBS & Ms. Preeti Pandey Sr. Project Officer, LCF were welcomed by Mr. Maggu, Admin Officer of LIC in his inaugural address.



### **Welcome session**

The lecture was delivered by Mrs. Vibhuti Sharma, she explained about the organ donation, type of organ donation, brain death, myths & facts with the help of power point presentation. She also explained about organ donation rate in India & about the organs transplant law of India. Approximately 50 employees participated in this programme. After the presentation all the queries were clarified by Ms. Vibhuti Sharma. Then a cartoon film (Satrangi) on brain death was shown to the employees.



**Lecture delivered by Ms. Vibhuti Sharma, Transplant Coordinator, ILBS**

At the end of the session Mr. A.K. Upadhayaya (SDM) addressed to the participants and told them to understand the importance of organ donation & come forward to pledge for donating their organs to save the lives. He also registered himself to be an organ donor.



**Clarifying the queries**



**Mr. A.K. Upadhayaya (SDM, LIC) addressing the employees**



## Stall with Delhi Common Wealth Association (DCWA), Chanakypuri: 26.2.217

The Liver Care Foundation started to organize a stall for organ donation awareness with Delhi Common Wealth Association from 16<sup>th</sup> Dec. 2016. So this year we organized the awareness stall with DCWA at Ashoka Hotel, Chanakya Puri on 26<sup>th</sup> Feb. 2017. To create the awareness on organ donation. We organized the interesting games, competitions, and puppet show & nukkad natak. It was very important thing that we launched the donor card through this stall.



The theme of all programs was **Organ Donation .....Saves Lives**. Many people participated in all the games. Even children showed interest in **painting & slogan writing competition**. To promote the organ donation we started to take the sign of the people on board. It was a good achievement for us that more than 50 people signed on this board.





### Puppet show & nukkad natak:

The Liver Care Foundation organized a puppet show & nukkad natak to create public awareness on this sensitive issue. The shows were based on a motivated story on organ donation. The crowd of the people were showing interest & listening attentively.



The Liver Care Foundation launched a donor card through this stall to be pledge on organ donation. People came forward for the registration. A total 12 people register themselves to be organ donor and some assured us that they would be registered online from DORSO website. We distributed them a mugs, & calendars as a gift.





## Stall with Delhi Common Wealth Association (DCWA), Chanakkyapuri: 3.12.2017

The awareness stall was also organized with DCWA on 3<sup>RD</sup> Dec. 2017 at Chanakya Puri New Delhi. All the programs were based on the theme of “**Recycle yourself & be an organ donor**” We arranged painting competition, slogan writing completion, lucky drip & arrange the organs on body map. People came forward to participate in the competitions. We also organized a street play which was based on a motivated story on organ donation. The crowd were showing interest & listening attentively.



A total 14 people registered themselves to be organ donor and some assured us that they would be registered online from DORSO website. We distributed the mugs & ICE materials as a gift.



**Street play for awareness**



**Grouping with C.O.O Ms. Vibhuti Sharma**





**Playing organ game & snake & ladder**



**Playing lucky drip & explaining the game by Ms. Vibhuti Sharma (C.O.O.)**



**Filing the forms for organ donation registration**

## Awareness stall with NGOS, hospitals & corporate

The Liver Care Foundation organized a stall to create the awareness on organ donation with collaboration of NGOs, hospitals, colleges & corporate like...Rakshaks Foundation, Chetnalaya, SAND & Humana People to People India, Dr. Shroff's Charity Eye Hospital, Institute of Liver & Biliary Sciences, Delhi School of Social Work, Bhartiya Vidya Bhawan & LIC. To aware the people we distributed brochures, pamphlets, key chains & wrist bands. So many queries were clarified also. A total **102** people registered

### Details of awareness stalls:

S. No	Month	Date	Organization	Venu	Registration
1	February	10/2/2017	LIC	Jeevan Prakash Building LIC	2
2	February	13/2/2017	LIC	Jeevan Prakash Building LIC	3
3	February	14/2/2017	LIC	Jeevan Prakash Building LIC	0
4	February	22/02/2017	Rakshaks founadation	Mansarover Park	3
5	February	26/02/2017	DCWA International Bazaar	Ashoka Hotel Chanakyapuri	12
6	March	9/3/2017	ILBS	D-1, Vasant Kunj, New Delhi	5
7	March	15/03/2018	Dr.Shroff Charity Eye Hospital	Sanjay Gandhi Transport Nagar	5
8	March	24/03/2018	Delhi School of Social Work	Mal road	13
9	April	8/4/2017	Shri Ram Centre Auditorium	Mandi House	9
10	April	21/04/2017	Dr.Shroff Charity Eye Hospital	Samaypur	6
11	May	19/05/2017	Dr.Shroff Charity Eye Hospital	Sanjay Gandhi Transport Nagar	6
12	July	10/7/2017	Dr.Shroff Charity Eye Hospital	Mandir Mohalla	3
13	August	18/08/2017	Dr.Shroff Charity Eye Hospital	Bhagwan Puar	10
14	August	26/08/2017	Bharti Vidya Bhawan	Kasturba Gandhi Marg, New Delhi	5
15	September	22/09/2017	Dr.Shroff Charity Eye Hospital	Mandir Mohalla	5
16	November	3/11/2017	chetanalaya NGO	Bhai Veer singh Marg	1
17	December	3/12/2017	DCWA International Bazaar	Ashoka Hotel Chanakyapuri	14
<b>Total</b>					<b>102</b>



## Some snap shots of awareness stalls



Stall with LIC at Connaught Place



Stall at Institute of Liver & Biliary Sciences, Vasant Kunj



Stall at, Shri Ram Centre, Mandi House



Stall at Bhartiya Vidya Bhawan, K.G. Marg & LCF team with Dr. Durga Mohan, Director of Management







**Stall at Delhi School of Social Work, Delhi University**



**LCF team with Prof. Manoj Kumar Jha (H.O.D) & Prof. Neera Agnimitra, Dept. of Social Work, Delhi University**



**Stall at Dr. Shroff's Eye Hospital & Research Centre, Sanjay Gandhi Transport Nagar**

## APASL Grant & Scholarship 2017

The Liver Care Foundation undertakes to promote upcoming doctors, financially, who though, are well qualified to attend higher studies or present papers, but cannot do so for lack of funds. Each case is considered on merit through a screening body before providing them with any financial assistance.

The effort to extend support to young scientists and doctors continues. A total of 10 names were selected for award for The liver Care Foundation Grants to support their presentation at the APASL in Shanghai, China. It was heartening to see that we have been able to provide these bright, young achievers the opportunity to present their pieces of work.

Following names were selected for APASL Grant 2017:



Dr. Avinash Gupta



Dr. Sunayana Mishra



Dr. Babu Lal Meena



Dr. Ayushi Agrawal



Dr. Sachin Ramesh



Dr. Prithvi Priyadarshini



Dr. Amol Dahale



Dr. Shivam Sachan



Dr. Tarun Kumar Basumatary



Dr. Sunil Taneja



